



# NEAFAST

NEW ENGLAND ASSOCIATION  
FOR FAMILY AND SYSTEMIC THERAPY

**APPLICATION BY FOR CONTINUING EDUCATION CREDIT  
FOR ACTIVITIES NOT PREVIOUSLY CERTIFIED FOR LMFTs**

New England Association for Family and Systemic Therapy

*rev. December 11, 2018*

Individual MFT's may use this form to apply for CE credit for activities you attended that were not pre-certified by the New England Association for Family and Systemic Therapy. Make as many copies of this form as you need. **Use one copy for each activity you attended.** See Check List at bottom.

Name \_\_\_\_\_ Degree \_\_\_\_\_ MFT License #: \_\_\_\_\_

Address \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Office Phone: \_\_\_\_\_

## 1. Activity

Title: \_\_\_\_\_

Sponsoring Organization (name, city & state): \_\_\_\_\_

Brief Description: \_\_\_\_\_

\_\_\_\_\_

Location of Activity (city & state): \_\_\_\_\_ Webcast? \_\_\_ On-Demand? \_\_\_\_\_

Total CE Hours Granted (exclude meals and breaks): \_\_\_\_\_ Dates Attended: \_\_\_\_\_

Primary Instructor (include degree): \_\_\_\_\_

Instructor qualification (Check at least one):  LMFT in Mass.  2 years experience and licensed mental health professional

## 2. Qualification of Activity. (Criteria)

Professional Development

Marriage and Family Therapy, or Theory, or Research, or Training  Other relevant clinical area (see back)

## 3. Verification of Attendance. (check all that apply)

Verification of Attendance: (Submit ONLY copies of your verification with this application.)

Continuing Education certificate of attendance from another mental health profession  Canceled Check

Hand-outs and/or notes I took during the CE activity

Other:

### Instructor's request for CE credit:

I was the instructor for the above described activity, and request CE credit for my participation. I understand that I can not count more than 15 hours per renewal cycle.

**Signature:** All of the above statements are correct and have been personally verified by me to the extent possible. I understand that this CE certification may become invalid as a result of any false or inaccurate information I may have provided, and that there may be a maximum number of On-Demand or Home Study credits allowed per renewal.

## 4. Fees: \$30

This fee covers any number of applications, for one licensee only.

Please make payment online (check or card), and see additional info at: [www.neafast.org](http://www.neafast.org)

*Submit enclosures & applications via email to: [CEApps@neafast.org](mailto:CEApps@neafast.org).*

Peter Kobel, NEAFAST Administrator

Voice: 888.826.9210

360 Pelham Road  
Amherst, MA 01002  
[www.mftce.com](http://www.mftce.com)

Signature \_\_\_\_\_ Name \_\_\_\_\_ Date \_\_\_\_\_

**Note: Enclosures:** Application form(s), application fee, verification(s) of attendance (copies only).

# Qualified Continuing Education Activities

Even if activities you attend have not been pre-certified by our organization, you can submit a request for credit towards your license. The activity will be evaluated based on the information you provide in this application. If it qualifies and relevant to MFT, you will receive the number of credit hours offered by the activity. Use the following criteria to help you evaluate the suitability of activities.

Three broad categories of continuing education can be certified.

## 1. Professional Practice Activities

These activities enhance clinicians' ability to understand and function within the legal, economic and regulatory environments. Some of the possible topics are:

- Practice Development
- Therapist "Burn-Out"
- Managed Care
- Financial Management
- Mental Health and Domestic Law, including legislative issues
- Expert Witness Testimony
- Risk Management
- Ethics for clinicians

## 2. Marriage & Family Therapy Activities

Clinical, theoretical, research, and all other activities will be eligible for certification if they expressly address at least one of the following: (for the purposes of this section, you may assume a very broad definition of "couple" and "family").

- a. Methods: clinical or research methods which can be used with couples and families.
- b. Theory: ideas about how couples and families function.
- c. Research Methods or Results: focusing on families and/or practice of MFT.
- d. Training and Supervision: learning to teach or supervise other MFT's (on-going clinical supervision is excluded.)

### **3. Other Relevant Clinical Activities**

The following specific content areas and clinical methods have been identified as also being directly relevant to the practice of Marriage & Family Therapy. CE activities addressing these issues will be eligible for MFT certification, whether or not they prominently address MFT.

- Adoption
- Adult children of abusive families Bereavement
- Brief Therapy
- Child abuse and neglect
- Co-dependency
- Crisis Intervention
- Divorce, custody and mediation
- Domestic violence
- Eating disorders
- Ethnicity & multi-cultural clinical issues
- Family Law
- Family Medicine
- Fertility
- Foster Care
- Genetics and Family Therapy
- LGBTQ topics
- Gender identity
- Gender ( including men's and women's issues)
- Home-Based clinical services
- Identifying dangerousness
- Parenting
- Post-modern, Narrative & Conversational clinical models
- Post-traumatic Stress Disorder
- Psychopharmacology
- Sexual abuse and recovery
- Sexuality and sexual dysfunction
- Sex Therapy
- Substance abuse and recovery
- Solution-Focused Therapy
- Supervision of clinical practice
- Trauma